

Homoeopathy: Impact of Moon Phases

The Moon's Cycle produces Physical and mental-emotional changes that correspond to Homoeopathic remedies. There are so many homoeopathic medicines which have modalities according to moon phases and gives miraculous results when they are prescribed on the basis of accordance

Abstract

The Moon's Cycle produces Physical and mental-emotional changes that correspond to Homoeopathic remedies.

Most of the Homoeopathic remedies had peculiar aggravation time or amelioration time, accordance to hours, days, weeks, months, years and Seasons.

Dr. C.M. Boger emphasised the importance of 'Time factor' and 'Moon Phases' in the action of drugs. Homoeopathic remedies acts in the various phases of moons like growing, full, waning and new moon. The Times which characterise the appearance and aggravation of the symptoms and their remedies.

KEYWORD: Homoeopathy, Moon phase.

Introduction

According to Scientific reviews, the full moon, it seems, changes the behaviour of human and animal minds. It has been observed that during full moon nights the moon creates a tidal effect (due to magnetic forces of earth and moon) on oceans, which is also 80% water of the earth's

surface. For many species the Moon's glow is clue that's crucial to their Survival. The moon has always fascinated mankind and holds a mystical place in the history of human culture. The Hindu, Islamic and partially the Hebrew calendar use the lunar cycles. So many religions have embraced the lunar calendar.

The gravitational powers of the moon and the sun combine to create tides on the earth's oceans. The gravitational effect is so strong that our planet's surface is stretched daily by this tidal effect. Lots of animals use lunar cycle to sync up when it comes to finding a mate. Triggered by the full moon, impalas roar, which in turn triggers all their female mates. Marine bristle worms live rocky shorelines, where they rise to the water's surface under the dim light of the new moon. The moon seems to act like a signal that supercharges the worms desire to mate when the light at night is just right. Moon is just like a clock. It Transforms ecosystems. The full moon is 100 times brighter than the new moon. This lets animal See their prey, forage, and navigate better. Moon is a satellite for this Planet. If someone

is mentally disturbed on Full moon day, on a new moon day they get little more disturbed than usual. When the moon takes certain positions it heightens whatever you become more angry. It enhances everything that you are.

Health and Moon Phase

The moon, of course has been known to have major influences on health; the synchronicity between the menstrual cycle and moon phases has been repeatedly verified, in addition, history has long recorded the effect of moon phases on epileptics and psychotics.

Homoeopathy and Moon Phases

There are so many homoeopathic medicines which have modalities according to moon phases and gives miraculous results when they are prescribed on the basis of accordance such as Antim crud, Belladonna, Calc carb, Hyocyamus, Natrum mur, Thuja, etc.

ACCORDING TO DR. B. N. MITRA tissue remedies shows a close relevance with moon phases in

case of bio-chemic remedies, it is found that aggravations take place in seasons of the year, phases of the moon and periods, even hours, of the day. From this observation it could be perceived that there is a definite relation of the tissue remedies to time-month, day and hour- and as these are 12 in number, each probably corresponds to one month. The month is not however the calendar month but the period from about the

23rd of one month to the 22nd of the following month so as to fall in with the seasons. The idea occurred to Sir B.N. Mitra that each of the tissue remedies corresponds to certain days of the lunar month according to the phases of the moon. The following is the chart of aggravation of complaints caused by deficiency of each cell-salt on the basis of above-mentioned concept.

Chart of Aggravation

Tissue Remedies	Months	Phases of Moon
Calcareafluorica	Oct-Nov	1-6
Kali muraticum	Sept-Oct	7-8
Natrum sulphuricum	Aug-Sept	9-10
Kali phosphoricum	July-Aug	11-12
Ferrumphosphoricum	June-July	13
Natrum muraticum	May-June	14-Full
Natrum phosphoricum	April-May	Full-1
Calcarea sulphurica	March-April	2
Kali sulphuricum	Feb-March	3-4
Magnesium phosphoric	Jan-Feb	5-8
Calcarea phosphoric	Dec-Jan	7-8
Silicea	Nov-Dec	9-New

Dr C.M. Boger was of the opinion that the particular time when a medicine manifests its full therapeutic action is often of decisive importance. He emphasized on the importance of "time-factor" and the "Moon-phases" in the action of a drug. It is rather a new method of application of remedies developed from an extensive research work, the new angle of vision in prescribing medicines has been introduced.

In many repertories mentions about aggravation and amelioration of complaints, some of which are mentioned as follows:

Moon Phases - RUBRICS

1. Complete MOON agg. New Gemmatitent (49) ARS, NUXV, PHOS, PULS, RHUS-T, SABAD, SIL, SULP
2. Kent Ecstasy Night. Walking in Moonlight-Ant-c
3. Kent Mind. Mood, alternating Moonlight: Ant-c, Bell, thuja
4. Kent Eye Moonlight amel eye symptoms: Aur
5. Kent Vision: Moonlight amel: Aur
6. Kent Generalities: Moonlight agg: Ant-c, bell, thuja.
7. Boenninghausen Mind Moon,

- full Sul
8. Boenninghausen Moonlight, in Ant-c
9. Boenninghausen Ears. Hearing Moon, full Sil
10. Boenninghausen Cough Excited or Aggravated by Moon full Saba
11. Boenninghausen Cough Excited or Aggravated by Moon new Saba, Sil
12. Boenninghausen (Aggravation and Amelioration in General) Moon, new, agg. Alu, am-c, am.ars, buf, calc- c, caus, cma, croc, cup, lyc, saba, sep, SIL, thu new and full. Alu, Croc, Kali-bi, sil full, agg. Alu, am, ars, bell, calc-c, caus, croc, cyc, flu-ac, grap, kali-n, lic, nat-c, pro, saba, sep, sil, spo, sul
13. Boenninghausen Moon increasing and decreasing with: clem, phel
14. Boenninghausen Moon waning, agg. Daph-i, dul, sul
15. Boenninghausen Moon waxing, agg. Alu, clem, cup, lyc, stap, Thu
16. Boenninghausen Moonlight agg: Ant-c, calc-c, sep, sul
17. Phatak Repertory Moonlight agg Blindness: Bell
18. Phatak Repertory Moon Phases First Quarter Age: Ars.
19. Phatak Repertory Moon Phases increasing agg: Thuja
20. Phatak Repertory Moon Phases last quarter agg: lyc, sep
21. Phatak Repertory Moon Phases waning agg: Daph, Bry, Nat-m

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